

# MASSAGES

## THERAPEUTIC MASSAGE

30 min: \$60 | 60 min: \$85 | 90 min: \$115  
Package of 5: 60 min: \$350 | 90 min: \$450  
Promotes general relaxation, lymphatic draining.

## DEEP TISSUE MASSAGE

30 min: \$65 | 60 min: \$95 | 90 min: \$125  
Package of 5: 60 min: \$380 | 90 min: \$480  
Deeper slower movements and concentrating on areas of tension. Releases fascia and deep layers of muscle.

## HOT STONE AND DEEP TISSUE COMBO

60 min: \$100 | 90 min: \$135  
Package of 5: 60 min: \$400 | 90 min: \$500  
A unique combination of warm stones and deep tissue massage that provides a nice mixture to relax and rejuvenate your body.

## AROMATHERAPY MASSAGE

60 min: \$90 | 90 min: \$125  
Package of 5: 60 min: \$370 | 90 min: \$470  
A relaxing therapeutic massage that incorporates essential oils. A great way to relax and relieve stress.

## ASHIATSU AND DEEP TISSUE COMBO MASSAGE

60 min: \$125 | 90 min: \$155  
Package of 5: 60 min: \$500 | 90 min: \$650  
Ashiatsu Oriental Bar Therapy is an Asian barefoot massage. Oils and lotions are applied to the body, and soft clean bare feet give a rhythmic massage. The add on of Deep Tissue Massage provides an amazing duo to alleviate muscle pain.

## PRE-NATAL MASSAGE

60 min: \$100 | 90 min: \$135  
A comforting massage to relieve muscular aches and pains that you might experience during pregnancy.

## SPORTS MASSAGE

60 min: \$110 | 90 min: \$140  
This is a firm massage that targets problematic areas and incorporates stretching to relieve areas of tension.

## RAINDROP MASSAGE

30 min: \$75 | 60 min: \$100  
A sequence of oils are dropped like raindrops on the back and spinal reflex points on the foot. A relaxing and invigorating massage combining aromatherapy and Swedish strokes. (Flushes out toxins, kills dormant viruses and bacteria that cause pain and inflammation)

## DEEP TISSUE, HOT STONE AND CUPPING MASSAGE

60 min: \$115 | 90 min: \$145  
Package of 5: 60 min \$450 | 90 min \$600  
Oriental form of therapy that utilizes cups to gently draw upwards to create a vacuum over a target area of skin. Will alleviate pain, deep scar tissues in muscle and tissue.

## CBD INFUSED MASSAGE

60 min: \$110 | 90 min: \$140  
Massage that incorporates CBD oil and is designed to alleviate pain and chronic inflammation.

## IONIC FOOT DETOX | \$30

## DEAD SEA SALT GLOW | 30 min: \$55

A unique "triple layer" recipe uses three sizes of salt crystals to stimulate skin circulation while removing accumulated residues and impurities. Larger salt grains lift away dead skin while smaller grains polish to reveal your health glow.

## INFRARED DRY SAUNA CAPSULE

30 min: \$40  
Detoxification of the whole body from heavy metals and chemical residues. Relief from nerve pain, muscle pain and arthritis. Boosts the immune system and is great for stress relief. Can be done before or after a massage.

# PACKAGES

## DAY AT LUX SPA (4.5 hrs) | \$430

90 Min. Hotstone & Deep Tissue Massage  
O<sup>2</sup> Ultimate Hydrating Facial  
Dermaplane  
Full Body Exfoliation  
Infra Red Dry Sauna Capsule  
Spa Lunch /Wine

## REJUVENATION SPA PACKAGE | \$325

One Hour Deep Tissue Massage  
ZO Skin Brightening Facial  
Full Body Exfoliation  
Spa Lunch /Wine

## LUX SPA RETREAT | \$235

90 Minute Aromatherapy Massage  
30 Minute ZO Ageless Facial  
Wine & Cheese



## COUPLES MASSAGE (1 HOUR)

THERAPEUTIC MASSAGE | \$170

AROMATHERAPY MASSAGE | \$180

DEEP TISSUE MASSAGE | \$190

\*A romantic extra of champagne and chocolate-covered strawberries - Add \$30